



“Olio di Vita”

WORK-SHOP SICILIA 2018

*All people are welcome, it is conceived for all levels.
from the 13th to the 20th of October 2018*



The Golfo of Castellammare is situated at the north-west coast of Sicily – 20 minutes from the airport of Punta Raisi, Palermo and 40 minutes from the airport Birgi of Trapani.

Castellammare del Golfo is a picturesque fisherman’s village, we have the Sea, wonderful beaches and the mountains. It’s a perfect location for a week in Sicily!

This workshop we will learn a selection of World-music songs and traditional dances, including Sephardic and Mediterranean music. October in Sicily is fascinating for many reasons, it’s still warm enough to swim, but it’s not too hot! It’s also ideal for experiencing a morning dedicated to collecting olives!



This week in Sicily is conceived as a cultural/artistic trips: to see, to listen, to get to know and to share.

We all sing differently but we can blend in resonance, harmony and rhythm. Our voices and bodies can connect us to ourselves and with others.

The workshop with Theresia and Soad will transport us to recognize the flavor of other cultures and to find the group’s vocal sonorities and dynamics. The use of the body dancing will be an interesting experience of exploration and sharing!



Day excursions :



The Greek sites in Sicily are testimony of a very refined culture, they are places which fascinate and enchant the spirit.

Palermo is a historical city, full of monumental sites. It's a magical place to visit – recognizing the different cultures which have lived here leaving a heritage of richness and variety. Palermo marks the heart in a memorable manner.

In Sicily people wait for Autumn as a present of nature. It's the time of the big harvest of grapes and olives and the production of wine and olive oil. Around these events we find celebrations, songs and wonderful Mediterranean food! We will share with the locals the experience of harvesting olives and eat lunch with typical Sicilian specialties.



Erice is a very picturesque little medieval, on the top of a hill with a view that will take your breath away! This is the location for our final performance.

After a week in Sicily – singing and dancing – we will all take home many new experiences and emotions which the island always shares with its visitors!





Theresia Bothe (Sicily/Mexico)

She specializes performing early music. She is fascinated by the sound of the human voice and loves working with choirs and people who want to sing. Her experience is very varied, she has worked in all sorts of contexts. She is also a composer with a strong sense for social justice.

Soad Ibrahim (Italy/Egypt)

She specializes in gypsy and north-African dance. She is also a dance-therapist. She grew up between Italy, Greece and Egypt. She now lives in Palermo working mainly in dance projects related to social inclusion and the mother-child relationship world.



Price for the week with half pension: € 510.00 to € 595.00 (for details see Itinerary!)

For more information go to: <https://thbothe.jimdo.com/sicily-workshop-2018/>

To ask you questions and to register: **write to us and we will send you the form!**

Max. 30 – min. 15 participants.

Deadline: 30th of June 2018

Organized by **ARTE IN CREAZIONI** Responsible: Luciano Formica

Telephone: (39) 351 276 1008

arteincreazioni@libero.it

www.thbothe.com